

Beulah Baptist Association

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Journaling

Philippians 1:3-5 *I thank my God in all my remembrance of you, always offering prayer with joy in my every prayer for you all, in view of your participation in the gospel from the first day until now.*

Many people keep a daily diary of sorts, perhaps about the weather, daily activities, job frustrations, family issues, etc. Are you one who does this? Have you ever thought about starting? Years ago, before we went overseas, I took a class at seminary under Dr. Don Whitney and he encouraged us in many things, one being to keep a journal, but not just any journal, a spiritual journal. I began journaling then and have never stopped. I find that it helps in many ways. One, being scripture memory! I am a terrible “memorizer.” However, there’s something about writing the verse or verses out each morning in my journal that helps me remember them throughout the week. Two, it helps in recording and thinking through daily events. Whether you had a particularly good day, difficult day, or an ordinary day, recording it helps you think through the events and thank God for how you saw him working. It helps us see his hand in all things. Three, it helps in prayer. Not just recording prayers, which is good, so you can see when the answers come, but also in wording of prayers. I find when I write out a prayer, I am more conscientious of the words and phrases I use as I express myself to God. If we aren’t careful, oral prayers can become a hodgepodge of “traditional” sounding phrases that we’ve picked up over time and not our own heartfelt yearnings. There’s something about writing a prayer down that helps with that. Four, it helps in meditating on scripture. If I read a passage, meditate on it, but never write down what the Holy Spirit said to me through that meditation, I am likely to forget. But, if I journal about it, it is in writing so that I can go back and see what He said to me through his Word. Moreover, putting it in writing, holds me accountable to doing what he told me through the Word. Journaling is also for future generations. My wife and I have storage bins of journals from past years, in hopes that some day our children and grandchildren will read through them and see what God did for us and how he worked in our lives.

So, again, do you journal, or keep a diary? If not, don’t feel bad. Journaling is not for everyone, but I would encourage everyone to give it a try.

Till all hear!

Bro. Marshall

Bible Journey

Pleasant Hill-Rives

Oct. 27-30

S-M-T 6:00 p.m.- 8:00 p.m.

W 5:30 p.m 8:00 p.m.

Kids will take a 30-minute walking tour of the Bible, meet various Bible characters, and receive a sweet reminder of their story.

A \$1 donation is requested per person.

Call the church office at 731-536-5596 to make reservations for groups or if you have any questions. We want to encourage large church groups to come on Sunday night.



REVIVAL

NEW SALEM

October 13-16

Sunday Morning -11:00

Sunday night 5:00

Monday-Wednesday 6:30.

Evangelist: Rick Burton / Music: Clark Perkins

Everyone Is Invited!!



October Calendar

- Oct. 3 Soul Food Café
Oct. 14 Pst Conf...Marshall on Journaling
with a meal 10 AM
Oct. 21-22 **ANNUAL MEETING**—First Baptist
Tiptonville Meal 5 PM/Meet 6 PM
Oct. 26 Send Relief Mission Trip to Memphis
Oct. 28 Pst Conf with Marshall video & meal
6 PM

BEULAH SPOTLIGHT CHURCH

SOUTH FULTON BAPTIST



Pastor Ron Cox

Service Times

Sunday at 10:30am and 6:00pm

Sunday School at 9:15am

**Wednesday at 6:00pm Worship/Small
Groups**

Our vision as a church, our purpose, is to call all people to be fully devoted followers of Christ. A calling implies both introduction and continued encouragement to live a life of full devotion to Jesus Christ. Our purpose as the local body of Christ is to reach all! We also exist to encourage, equip, serve and sustain those already devoted to Christ.

PRAY FOR AMERICA

For lack of guidance a nation falls, but victory is won through many advisers. Prov. 11:14

"Plans fail for lack of counsel, but with many advisers they succeed". Prov. 15:22

When God repeats Himself we need to pay attention!!



Beulah Baptist Association
P.O. Box 366
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Permit No. 28
Non-Profit Org.
Union City, TN

PASTORS, WIVES & BEULAH STAFF

OCTOBER ANNIVERSARIES

19—Michael & Jennifer Julian—Macedonia



OCTOBER BIRTHDAYS

4—Jeff Crabtree—Alamo

14—Mel Poe—Calvary

